

# March 2019

Helping to take  
the confusion  
out of retirement!



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## March Madness

As we move into March one of the most anticipated sporting events starts to gear up for a new tournament. The NCAA men's basketball tournament, "March Madness", will be starting up with Selection Sunday coming on March 17th, and with the first round beginning on March 21st. The first weekend for many is up at the top of sports weekends for many because of the full day of intense basketball that is always sure to give us a few thrills and heartbreaks. Many people watch the tournament just for the basketball, but a lot of others compete in bracket pools by trying to guess how the whole tournament of 68 teams will go. The odds of getting every pick right of the tournament is 1 in 9,223,372,036,854,775,808, but people still try every year. This year some of the top teams include the usual teams like Duke, Michigan State, UNC and Kentucky. Some other teams that look to make a run include Virginia, Gonzaga and Tennessee, but of course we will be cheering for Wisconsin and Marquette to make a run.

## **APRIL EVENTS TO CHECK**

The Brewers have 12 home games in April after starting the season March 28th with a 4-game homestand.

The Bucks have 3 home games & will have more in the playoffs

4/6 Milwaukee Marathon

4/13 John Mellencamp- Weidner Center for the Performing Arts- Green Bay

4/26 Billy Joel- Miller Park

### Special Reminders:

Do you need a referral for anything? Call us, we would love to help!

If you have any changes to your personal information, please call Pauline at 414-359-1756 and she will be happy to assist you!

Would you like to schedule a progress appointment with Jay? Call Pauline at 414-359-1756 to set up an appointment.



Wishing all our  
clients born in  
March a splendid  
birthday.

**Cheers to another  
great year!**

The celebs celebrating ...

3/2: Jon Bon Jovi 56  
3/6: Shaquille O'Neal 46  
3/18: Adam Levine 39  
3/22: J.J. Watt 29  
3/25: Elton John 71  
3/28: Lady Gaga 32

## Chicken Stuffed Baked Avocados

Prep time: 10 minutes  
Total time: 20 minutes

- 4 avocados, halved and pitted
- 2 cooked chicken breasts, shredded
- 4 ounces cream cheese, softened
- 1/4 cup chopped tomatoes
- 1/4 teaspoon salt
- 1/4 teaspoon ground black pepper
- 1 pinch cayenne pepper
- 1/2 cup shredded Parmesan cheese, or more to taste



## A Message From Jay

Welcome to March!

We certainly have had our share of winter weather. Hopefully the weather will turn as we get closer to Spring.

I have many clients that are retired or nearing retirement, so I thought I would share some valuable information regarding Social Security Benefits this month.

### **Let's "Maximize" Your Social Security Benefits—Before the Opportunity is Gone!**

In 2015, the Bipartisan Budget Bill modified some of the "optimization" strategies that married or divorced couples could use in order to help increase their lifetime Social Security benefits. One option that is still available (for only a couple more years) is the Restricted Application for Spousal Benefits. This provision allows an individual born prior to 1/2/1954, to collect from their spouse or ex-spouse's retirement benefit while they let their own retirement benefit grow and earn a guaranteed 8% increase each year they delay taking the benefit. This means that for those individuals with a full retirement age of 66, they can increase their Social Security benefit by 32%!

I can help you determine if this option is still available for you—feel free to call me and we can set up an appointment to determine if you are eligible.

Be well,  
Jay

1. Preheat oven to 400 degrees F (200 degrees C).
2. Scoop out some of the flesh in the center of each avocado; place into mixing bowl. Add chicken, cream cheese, tomatoes, salt, pepper, and cayenne pepper; mix well to combine. Scoop spoonfuls of chicken mixture into the wells of each avocado; top each with generous amount of Parmesan cheese. Place avocado halves, face-up, in muffin cups to stabilize.
3. Bake avocados in preheated oven until cheese is melted, 8 to 10 minutes.



**Brewers Magnet Schedules are here!**

**Please call us at 414-359-1756 or email [Pauline.edwards@adviserfocus.com](mailto:Pauline.edwards@adviserfocus.com)  
To reserve your magnet**

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