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Bucks Preview

The NBA season just started on October 22nd with the Milwaukee Bucks playing their first game on October 24th. The Bucks have very high expectations this season after making it to the Eastern Conference finals and losing to the eventual champions, Toronto Raptors. The Bucks entered the season with the 3rd best odds to win the championship behind the Los Angeles Lakers and Clippers. This team is led be the reigning MVP in Giannis Antetokounmpo who is looking to improve even more by developing a consistent 3 point shot which would give him a strong shot at winning back-to-back MVPs. As far as Giannis's supporting cast, it is a pretty good group. Last vear's all star, Khris Middleton, returns after resigning this summer as well as Eric Bledsoe and Brook Lopez after resigning last year as well. Newly signed Wesley Matthews rounds out the starting lineup. Matthews, a Wisconsin native attended Madison Memorial High School and Marquette University. The Bucks also have the reigning coach of the year, Mike Budenholzer, leading from the sidelines and the reigning executive of the year, John Horst, in the front office. This should be a great season for the Bucks which hopefully results in some basketball being played in mid-June for an NBA championship.

DECEMBER EVENTS TO CHECK OUT

The <u>Bucks</u> have 9 home games in December at the Fiserv Forum 12/1-12/24 —Christkindlmarkt- <u>Deer District</u> 12/1-31— Milwaukee Holiday Lights Festival-<u>Downtown</u> 12/6—Christmas in the Ward—<u>Third Ward</u> 12/6-21— MillerCoors Holiday Lites (Friday & Saturdays)- <u>Miller Valley</u> 12/27— Trans-Siberian Orchestra- Fiserv Forum



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Special Reminders:

Do you need a referral for anything? Call us, we would love to help!

If you have any changes to your personal information, please call Pauline at *262-408-5820* and she will be happy to assist you!

Would you like to schedule a progress appointment with Jay? Call Pauline at *262-408-5820* to set up an appointment.



Wishing all our clients born in November a splendid birthday. Cheers to another great year!

The celebs celebrating ... 11/4: Matthew McConaughey turns 50 11/8: Gordon Ramsey turns 53 11/11: Hugh Jackman turns 51 11/12: Anne Hathaway turns 37 11/13: Jimmy Kimmel turns 52 11/22: Scarlett Johansson turns 35 11/26: Tina Turner turns 80 11/30: Ben Stiller turns 54

Sweet Potato Streusel Casserole

- 2 large sweet potatoes, peeled and chopped
- 3/4 cup white sugar
- 1/2 cup milk
- 2 eggs
- 1/3 cup butter, cubed
- 1 teaspoon vanilla extract

Streusel Topping:

- 1 cup chopped pecans
- 1 cup sweetened flaked coconut
- 3/4 cup lightly packed brown sugar
- 1/2 cup all-purpose flour
- 1/3 cup butter, melted



Preheat oven to 375 degrees F (190 degrees C). Spray a 9x11-inch casserole dish with cooking spray.

- 2. Place sweet potatoes into a large pot and cover with water; bring to a boil. Reduce heat to medium -low and simmer until tender, 15 to 20 minutes.
- 3. Drain and measure 3 cups sweet potatoes; transfer back into the pot. Reserve remaining sweet potatoes for another use.
- Mix white sugar, milk, eggs, cubed butter, and vanilla extract into sweet potatoes using an electric mixer until completely smooth. Pour mixture into the prepared dish.
- 5. Combine pecans, coconut, brown sugar, flour, and melted butter in a bowl until evenly mixed and crumbly; sprinkle evenly over sweet potato mix-ture.
- 6. Bake in the preheated oven until topping is browned, 20 to 30 minutes.

A Message From Jay

Welcome to November! I can't believe that Thanksgiving is less than 4 weeks away!

As most of you know, I am a huge sports fan. I had the opportunity to attend games 3 and 4 of the World Series last weekend in Washington, DC. Mutual of Omaha is the insurance company that I primarily work with and help many of my clients through the insurance side of my practice. They provide this incentive trip to their top advisors each year. I qualify for this trip most years but did not qualify last year because of my health issues at the time. When the Brewers got knocked out of the playoffs in the Wildcard game, I then began rooting for the Washington Nationals so that I would be able to also spend time with my daughter, Becky, who lives in DC. The atmosphere in the city was very vibrant because everyone was so excited that the Nationals were playing in their first ever World Series. Unfortunately, Washington lost all 3 games at home. I got to hang out with my daughter Becky and a couple of her friends on Friday night before the game, and on Saturday she entertained me and some of my buddies. She took us to Georgetown and we also spent time at the Navy Yards area which is where the Nationals stadium is located.

The incentive trip ended on Sunday, but I stayed an extra day to hang out with Becky. It turned out to be gorgeous day, 79 degrees! We got something to eat at <u>Union Market</u> area and played some ping pong. We stopped at a beer garden and also strolled around the <u>Capital Hill</u> area. We had a delicious dinner at a small Thai restaurant called <u>Thai X-ing</u>. We capped of the weekend by watching the Packers beat the Kansas City Chiefs on Sunday Night. All in all, a great extended weekend!

I wish everyone a nice Thanks giving with your loved ones, family, and friends.

Be Well, Jay

Thanksgiving Fun Facts

- The First Thanksgiving celebrations lasted 3 days
- Thanksgiving became an annual holiday under Abraham Lincoln
- The first Macy's Thanksgiving day parade was held in 1924
- The Macy's Thanksgiving day parade concludes with the arrival of Santa Claus
- Ronald Reagan was the first president to give a turkey a presidential pardon
- About 46 million turkeys are cooked each Thanksgiving.
- Only male turkeys gobble, female turkeys make a cackle sound



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