

# February 2022

Helping to take  
the confusion  
out of retirement!



## February Tv

We are already one month into 2022 and usually February is award season for things in TV, movies and music. Most of those this year have been delayed by a month or two. The Golden Globes will not air this year, the Oscars are happening March 27th and the Grammys are happening April 3rd.

For sports, the NBA All-Star weekend will be held in Cleveland February, 17th-20th. Giannis was selected as a starter for the Eastern Conference team and Jrue Holiday is a candidate to be named a reserve. The NHL All-Star game will be held in Las Vegas on February 5th.

Lastly, of course, the Super Bowl will be held in Los Angeles on February, 13th. It is a surprising match up between the Los Angeles Rams and Cincinnati Bengals. The Rams have one Super Bowl Title while the Bengals don't have any. The Halftime performance will be a combination of Eminem, Kendrick Lamar, Snoop Dogg, Dr. Dre and Mary J Blige.

## MARCH EVENTS TO CHECK OUT

The [Bucks](#) have 4 home games at the Fiserv Forum

3/3-Darius Rucker- [The Riverside Theater](#)

3/5- Shamrock Shuffle- [Downtown Milwaukee](#)

3/12- Journey- [Fiserv Forum](#)

3/12- Jimmie Allen- [UWM Panther Arena](#) (After Admirals Hockey game)

3/18-19- Eric Church- [Resch Center](#)

3/18 & 3/20- March Madness second and third round games- [Fiserv Forum](#)

3/29- The Avett Brothers- [Miller High Life Theater](#)

3/31- [Brewers](#) Opening Day

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### Special Reminders:

Do you need a referral for anything? Call us, we would love to help!

If you have any changes to your personal information, please call Ashleigh at 262-408-5820 and she will be happy to assist you!

Would you like to schedule a progress appointment with Jay? Call Ashleigh at 262-408-5820 to set up an appointment.



**Wishing all our  
clients born in  
February splendid  
birthday.  
Cheers to another!  
great year!**

The celebs celebrating ...

2/1: Harry Styles turns 28

2/7: Chris Rock turns 57

2/9: Michael B Jordan 35 (Actor)

2/11: Jennifer Aniston turns 53

2/18: John Travolta turns 68

2/17: Michael Jordan turns 59

2/20: Rihanna turns 34

## Cheesy Chicken Broccoli Casserole

- 1 teaspoon unsalted butter, or as needed
- 2 each skinless, boneless chicken breasts, cubed
- 2 each skinless, boneless chicken breasts, cubed
- 2 (10.5 ounce) cans condensed cream of chicken soup
- 1 cup shredded Cheddar cheese
- 1 cup shredded Parmesan cheese, divided
- ½ cup shredded mozzarella cheese
- ½ cup sour cream
- 1 pinch ground black pepper to taste



## A Message From Jay

Welcome to February!

We have definitely had some winter weather. On the bright side, the days are slowly getting a little longer and it is staying light longer into the evening.

This month, I wanted to share an interesting event that my daughter Becky and my wife Sara took part in last week. Becky gave my wife Sara a unique gift for Christmas. It was a cooking class for the two of them done over zoom with a woman who lives in Vietnam! My daughter lives in Washington DC and the three of them had a 2 1/2 hour zoom meeting! The woman from Vietnam talked to them about her country, some history, and interesting facts about their culture and her family. She shared with them their way of life and she also gave them a virtual walking tour of their local market that she shops at every day. Vietnam is 13 hours ahead of us, so she was up teaching Sara and Becky how to prepare some Vietnamese dishes at 6:30 AM in the morning!

They made a traditional Vietnamese chicken dish that included lemongrass, shallots and ginger along with rice noodles. Sara had to go to two Asian stores to get all the ingredients needed to make the dinner. They prepared delicious shrimp summer rolls with rice paper accompanied by a tasty dipping sauce. They also whipped up some refreshing peach lemongrass tea.

Everything was great and the cost for this class was only \$18! Sara and I were in Vietnam 10 years ago, so it was nice to be able to virtually revisit this great culture and food. Have a nice month and stay warm!

Be well,  
Jay

## Directions

1. Preheat the oven to 350 degrees F. Butter the bottom and sides of a 9x13-inch dish
2. Bring a pot of water to a boil. Add chicken and continue to boil until no longer pink, 5 to 10 minutes.
3. Meanwhile, combine broccoli, cream of chicken soup, Cheddar cheese, 1/2 cup Parmesan cheese, mozzarella cheese, sour cream, and pepper in a large bowl. Mix well.
4. Drain chicken and add to broccoli mixture. Mix well. Pour into the prepared baking dish and spread evenly
5. Bake in the preheated oven for 20 minutes. Add remaining Parmesan cheese on top and continue to bake until cheese is melted, 3 to 5 minutes.



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