

# January 2022 Helping to take the confusion out of retirement!



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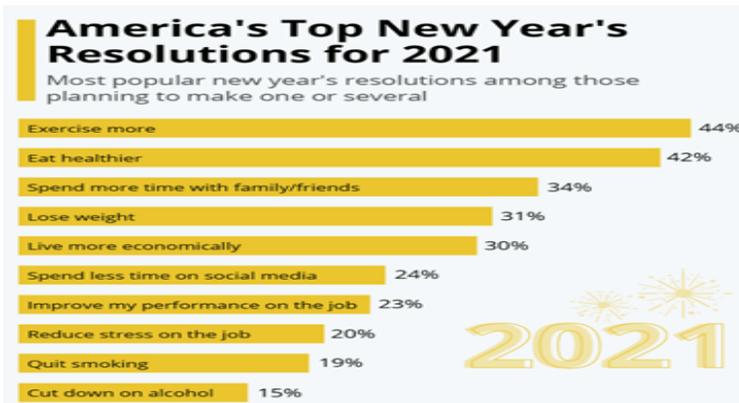
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## New Years Resolutions

The new year gives everyone a chance for a fresh start and maybe try to improve themselves in a certain way. Whether it's to eat healthier, exercise more, or find a new hobby, a new year's resolution is a great way to try and better yourself. The graphic below shows the top resolutions people had for 2021. If you don't want to have a resolution maybe try something that you have always wanted to do. Whether it's travel somewhere you've always wanted to go or picking up a new hobby. Cheers to a happy and healthy 2022!



## JANUARY FUN FACTS

- The first ball drop in Times Square took place 12-31-1907
- Around 48 tons of trash is cleaned up in Times Square after the celebration.
- 2,000 pounds of confetti are dropped on the crowd in Times Square at midnight.
- About 1 million people gather in New York City's Times Square to watch the ball drop
- 12% of Americans will fall asleep before midnight
- The first New Year's celebration dates back 4,000 years
- According to statistics from the National Insurance Crime Bureau, vehicles are stolen on New Year's Day more than any other holiday.
- Americans drink close to 360 million glasses of sparkling wine on New Years.

### Special Reminders:

Do you need a referral for anything? Call us, we would love to help!

If you have any changes to your personal information, please call Ashleigh at 262-408-5820 and she will be happy to assist you!

Would you like to schedule a progress appointment with Jay? Call Ashleigh at 262-408-5820 to



**Wishing all our clients born in January splendid birthday. Cheers to another! great year!**

The celebs celebrating ...  
1/5: Bradley Cooper turns 47  
1/9: Kate Middleton turns 40  
1/13: Patrick Dempsey turns 56  
1/15: Pitbull turns 41  
1/26: Ellen DeGeneres turns 63  
1/29: Oprah Winfrey turns 68  
1/31: Justin Timberlake turns 41

## Chicken Tortilla Soup

- 1 onion, chopped
- 3 cloves garlic, minced
- 1 tablespoon olive oil
- 2 teaspoons chili powder
- 1 teaspoon dried oregano
- 1 (can crushed tomatoes
- 1 ( can condensed chicken broth
- 1 ¼ cups water
- 1 cup whole corn kernels, cooked
- 1 cup white hominy
- 1 can chopped green chili peppers
- 1 (15 ounce) can black beans, rinsed and drained
- ¼ cup chopped fresh cilantro
- 2 boneless chicken breast halves, cooked
- crushed tortilla chips
- sliced avocado
- shredded Monterey Jack cheese
- chopped green onions

## A Message From Jay

Happy New Year and Welcome to January!

I hope everyone had a Merry Christmas and a joyous Holiday season. My daughter, Becky, came home from Washington DC and spent 8 days with us. It was nice to have the whole family together for a few days. On December 20th, we had our local office Holiday party at Bravo, which is located in Brookfield Square. It's always nice to get to know people better outside of our normal office setting.

We met my wife Sara's brother and his family for a pre-Christmas dinner at a new restaurant in Fond du Lac ,The Cellar District. The restaurant used to be an old church that was renovated. It was a very cool place and it was good to catch up with my brother-in-law and his family. On Christmas Eve, it was just the five of us, which was relaxing. We went to mass and Sara and Becky prepared a delicious meal, centered around a tasty Beef Wellington entrée. After dinner we enjoyed some cocktails with the fire place roaring and opened our family gifts. It was a special day.

On Christmas Day we had my side of the family over to celebrate. A total of 15 of 17 were able to make it and we had an early Christmas dinner, so that we could watch the Packer game. I smoked a brisket for 24 hours and cooked a ham on the grill as well. It was such a fun day and its always great to get everyone together. Especially since it usually only happens once a year, at the most, with my daughter living on the East coast and my nephew and his wife living in the state of Washington.

New Year's weekend was a fun time as always. Sara and I spent the weekend up in Tomahawk with three other couples, We did some snowshoeing and some hiking, watched football, and shared some laughs as we brought in the new year!

Be well,  
Jay

## Directions

1. In a medium stock pot, heat oil over medium heat. Sauté onion and garlic in oil until soft. Stir in chili powder, oregano, tomatoes, broth, and water. Bring to a boil, and simmer for 5 to 10 minutes.
2. Stir in corn, hominy, chiles, beans, cilantro, and chicken. Simmer for 10 minutes.
3. Ladle soup into individual serving bowls, and top with crushed tortilla chips, avocado slices, cheese, and chopped green onion.



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