

**September 2020**

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## Packers Preview

As of now, the NFL season will go on as planned, with it starting on Thursday September 10<sup>th</sup> and the first Sunday slate of games is September 13<sup>th</sup>. The Green Bay Packers start their season on that first Sunday on the road against the Minnesota Vikings. They are coming off their best season in a while with them making the playoffs for the first time since 2016. Matt LaFleur will be back for his second season as the Head Coach. It will be difficult to improve the record, the Packers were a very impressive 13-3 in the regular season. Although they had a great record last year the offense needs to be more consistent after relying on the defense to carry them to some wins. The Packers did not make any big moves in free agency just adding a couple of people for depth. The only big name lost in free agency was Bryan Bulaga. The defense should look very similar with Kenny Clark, Za'Darius Smith, and Jaire Alexander being three of the biggest players to watch. The offense will hopefully be more consistent this year, as well as Aaron Rodgers looks to get back to his MVP level of play and will be in the second year of the new offensive system. The new added pressure of the Packers controversial first round pick, Jordan Love, will also provide some extra motivation for Rodgers to get back to his MVP level.

Let's us the Packers can continue their winning ways from last season into this season and win the NFC North and make a deep run into the playoffs with the ultimate goal of winning the Super Bowl.

## SEPTEMBER FUN FACTS

- September has two birth flowers: the morning glory, and the aster
- The September birthstone is the sapphire
- The autumn equinox, which is the traditional transition from summer into fall, takes place on September 22nd,
- Grandparent's Day is observed in the United States on the first Sunday after Labor Day.
- Out of all 12 months of the year, September is spelled with the most letters.
- Labor Day became a federal holiday in 1894

### Special Reminders:

Do you need a referral for anything? Call us, we would love to help!

If you have any changes to your personal information, please call Ashleigh at 262-408-5820 and she will be happy to assist you!

Would you like to schedule a progress appointment with Jay? Call Ashleigh at 262-408-5820 to set up an appointment.



**Wishing all our  
clients born in  
September a splendid  
birthday.  
Cheers to another!**

The celebs celebrating ...  
9/4 Beyoncé turns 39  
9/6 Idris Elba turns 48  
9/9 Adam Sandler turns 54  
9/16 Amy Poehler turns 49  
9/19 Jimmy Fallon turns 46  
9/21 Bill Murray turns 70  
9/25 Will Smith turns 52  
9/26 Serena Williams turns 40

## Tropical Shrimp Spinach Salad

- 3 fluid ounces pineapple juice
- 3 tablespoons orange juice
- ¼ cup extra-virgin olive oil
- 2 pinches salt and pepper to taste
- 1 pound large peeled and deveined cooked shrimp
- 1 tablespoon extra-virgin olive oil
- 1 (10 ounce) bag baby spinach leaves
- 1 mango - peeled, seeded and diced
- ½ cup chopped macadamia nuts
- ½ cup dried banana chips
- 4 ounces crumbled goat cheese
- ¾ cup sweetened flaked coconut, toasted



## A Message From Jay

Welcome to September!

Even with Covid-19 and not being able to do as much as we normally would, the summer has flown by. The silver lining is that I did a lot more outdoor recreation this summer, than in years past. We purchased an annual State Park pass and have visited 4 different state parks so far. Peninsula, Whitefish Dune, Kohler-Andrae, and Hartman Creek in Waupaca. We have done a fair amount of hiking, biking, and kayaking as well. The weather has been beautiful this summer and we have utilized our deck a lot more too. I also got a new smoker/grill that I have been experimenting with this summer.

I am able to get my sports fix by watching the Brewers and Bucks games on TV. Hopefully they can put together a good run in September and make some noise in the playoffs. If their hitting comes around, I think they will do pretty well. The Bucks are in the second round of the playoffs. They are playing the Miami Heat in the Eastern Conference Semi-Finals. They have a very good shot at making it to the NBA Finals, in what I believe is a full, legitimate season. They ended up playing only 9 less regular season games in their interrupted season.

Please enjoy a healthy and safe Labor Day weekend and September.

Be Well,  
Jay

1. Prepare the salad dressing by whisking together the pineapple juice, orange juice, and 1/4 cup olive oil. Season to taste with salt and pepper; set aside. Brush the shrimp with 1 tablespoon of olive oil, and season to taste with salt and pepper; set aside. Place the spinach leaves, mango, macadamia nuts, and banana chips into a large mixing bowl.
2. Heat a large skillet over medium-high heat. Heat the shrimp in the skillet on both sides until just warm in the center, about 1 minute per side.
3. To assemble the salads, drizzle the spinach mixture with the salad dressing, and toss until evenly combined. Divide onto four plates. Divide the warm shrimp among the plates, and top with goat cheese. This way, the goat cheese will melt down a little from the warmth of the grilled shrimp. Sprinkle with toasted coconut flakes to serve.



**Packer magnets are  
now in**

call **262-408-5625**

Or email

**Zach.vanbeusekom@mutualofomaha.com**  
to reserve yours

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